

# RESTORE REFRESH RENEW

WITH A GREEN

## SHABBAT A LA CARTE

CELEBRATE TU B'SHEVAT

SATURDAY, JANUARY 30

9:00AM-10:15AM	9:15AM-11:45AM
Torah Yoga with experience*	Traditional Shabbat Service
10:30AM-11:45AM	
Torah Yoga for beginners*	
10:30AM	
Alternate Torah Service for Teens and Adults with Cantor Lowe, Rabbi Margot Stein (of MIRAJ) and the AI Singers. OR Study Session for adults OR Creative Family Service/Puppet Show with Amy Jo OR Interactive Services-family service for 1st-3rd graders with parents Youth service for 4th-7th graders	
11:45AM	
Combined Musaf Service for everyone	
12 NOON	
Extended Kiddush Luncheon & Music Donations to offset the cost of this event would be greatly appreciated	

\*SIGN UP REQUIRED IN ADVANCE

WARM PLACE.  
COOL SHUL.



PLEASE BRING THIS POSTCARD TO RECYCLE

**ALLERGY ALERT! PLEASE NOTE THAT THIS IS NOT A NUT-FREE EVENT**

If you have any questions or would like further information,  
please contact Ann Addis at [abaddis131@gmail.com](mailto:abaddis131@gmail.com)

### REGISTRATION



Name \_\_\_\_\_ Phone \_\_\_\_\_

- Torah Yoga with experience - 9:00am-10:15am  
 Torah Yoga for beginners - 10:30am-11:45am

( ) I, We plan to attend the Extended Kiddush. Number of people attending:  
 We understand that there is no charge for the Extended Kiddush, but I/we would like to  
 make a donation to help defray the cost. Enclosed is my check for ( )\$18 ( )\$36 ( )other \$ \_\_\_\_\_

Warm Place.  
Cool Shul.

In partnership with Synaplex Philadelphia.