



Shape up!

10 Free Personal Training Sessions
by *V Trainers*

(a Value of \$450)

with only \$180 Donation to Adath Israel

3 Locations (Bala, Wayne & Hatboro)

Offer Good for a limited time only and sessions will
be made on a first come first serve basis!

If you'd like to participate in this program, please fill
out the form below and return it to the Main Office.

Questions ??? Contact Randi Grauman or Barry Katz

Sign me up for Shape up!

Name: _____

Telephone Number: _____

When is the best time to reach you: _____

In order to participate you must submit a check with
this form. We're sorry but we cannot accept requests
to bill this to your account.